

CORE PURPOSE & VISION

What is Your Vision for Life?

- **“Without Vision, the people Perish...”**

Your Vision for your life will inspire your goals. You set a vision so that your goals have a purpose and you know clearly what you are working towards. Without Vision, your life will lack purpose and tasks will become drudgery. With vision, each successful task has purpose and is leading towards the best life you can imagine for yourself.



Imagine that a miracle happened and you had the best life you could imagine. What would it look like? What would a day in this life look like? Dream big, hold nothing back.

Personal (Hobbies, Setting, Circumstances)

Health (Fitness, Diet, Sleep, Activity level)

Career (Jobs, Volunteer Positions, Experience)

Relationships (Family, Friends, Communities)

Spirituality (God, Religion, Higher Power, Meaning)

My Core Purpose is: (Summarize the answers to your perfect life)

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If you are feeling stuck, try answering some of these questions to help you start dreaming big about your life.

What do you want?

- What really matters to you in life? Not what *should* matter, what *does* matter.
- What would you like to have more of in your life?
- Set aside money for a moment; what do you want in your career?
- What are your secret passions and dreams?
- What would bring more joy and happiness into your life?
- What do you want your relationships to be like?
- What qualities would you like to develop?
- What are your values? What issues do you care about?
- What are your talents? What's special about you?
- What would you most like to accomplish?
- What would legacy would you like to leave behind?

How to answer “What does your best life look like?”

- What will you have accomplished already?
- How will you feel about yourself?
- What kind of people are in your life? How do you feel about them?
- What does your ideal day look like?
- Where are you? Where do you live? Think specifics, what city, state, or country, type of community, house or an apartment, style and atmosphere.
- What would you be doing?
- Are you with another person, a group of people, or are you by yourself?
- How are you dressed?
- What's your state of mind? Happy or sad? Contented or frustrated?
- What does your physical body look like? How do you feel about that?
- Does your best life make you smile and make your heart sing? If it doesn't, dig deeper, dream bigger